

ARUBA

100m	10.42	Geronimo Goeloe	Mayagüez	5 May 12
200m	20.59	Miguel Janssen	Assen	17 Jul 94
400m	47.73	Michael Anthony Rasmijn	Oordegem	26 May 18
800m	1:54.31i	Asher Leo Patel	Ithaca	31 Jan 26
1500m	3:54.01	Asher Leo Patel	Philadelphia	4 Apr 25
3000m	8:24.8	Kimball Reynierse	Middelburg	6 Jul 88
5000m	14:18.31	Kimball Reynierse	Leiden	8 May 86
10000m	29:12.53	Kimball Reynierse	Leiden	14 May 86
Marathon	2:13:43	Kimball Reynierse	Antwerpen	10 Sep 89
3000mSt	9:35.9	Kimball Reynierse	Remscheid	16 Aug 80
110mH	14.58	Freddy Burgos	Vught	6 Jul 86
400mH	53.49	Freddy Burgos	Leiden	9 Jun 84
HJ	2.12	Wuill Vrolijk	Lisse	9 May 26
PV	3.30	Ericko Piaternella	Oranjestad	95
LJ	7.72	Quincy Breell	Cartagena	16 May 15
TJ	13.14	Freddy Burgos	Breda	12 Jun 77
SP	13.60	Shane Nedd	Willemstad	8 Jun 07
DT	35.97	Ericko Piaternella	Oranjestad	26 Nov 22
HT	29.38	Ericko Piaternella	Lima	21 Nov 23
JT	61.29	Pierre de Windt	Den Haag	20 May 17
Decathlon	6021h	Freddy Burgos	Amstelveen	26 Sep 88
	(11.2 671 10.17 180 52.1 /15.1 32.16 280 39.88 4:51.8)			
4x100m	42.35		Mayagüez	16 Jul 11
	(Goeloe,G. - Gómez,J. - Lourens,Sh. - Breell,Q.)			
4x400m	3:49.28		Oranjestad	30 Jun 18
	(Vermeulen,T. - Vermeulen,J. - Geerman,Z.- Gama Gonzáles,K.)			
20km W	2:04:09	Harlen Manuel Villar Polo	San Sebastián	31 Aug 05
100m	11.73	Evelyne Farrell	La Habana	22 Jul 83
200m	25.20	Jelissa Nedd	Oranjestad	23 Jun 11
400m	57.24i	Eljoenai Wehl	Ashland	28 Feb 26
800m	2:21.54	Vera-Elise Bakmeyer	Rosario	7 May 22
1500m	4:48.87	Rebecca Jansen	Baltimore	18 Apr 26
3000m	10:18.01i	Rebecca Jansen	Virginia Beach	22 Feb 26
5000m	17:34.96i	Rebecca Jansen	Virginia Beach	23 Feb 26
10000m	37:29.41	Rebecca Jansen	Norfolk	14 May 26
Marathon	2:53:24	Cornelia Melis	Seoul	23 Sep 88
100mH	15.76	Montserrat Willems	Oranjestad	11 Feb 26
HJ	1.66	Jessica Piña	Kingston	7 Apr 96
LJ	5.89i	Sylvienne Krozendijk	Johnson City	29 Feb 08
TJ	11.99	Judeska Sheppard	Tilburg	21 May 18
SP	11.68	Julianne Dorothal	Ottawa	1 Jun 13
DT	29.89	Aureen Lampe	Oranjestad	21/ 22 Jun 19
HT	48.09	Shawney Coenraad	Greenfield	6 May 22
JT	37.25	Julianne Dorothal	Youngstown	4 May 19
Heptathl.	4352	Julianne Dorothal	St George's	27 Mar 16
	(16.04 160 10.03 27.99/509 32.81 2:35.16)			
4x100m	49.07		Oranjestad	30 Jun 18
	(Geerman,L. - Brown,T.L. - Duncan,D. - Kock,M.)			
4x400m	4:25.03		Oranjestad	26 Aug 22
	(Brouwer,D. - van Doorn,Sh. - Leer,D. - Willems,M.)			

NOTES:

800m	Outdoor: 1:55.10	Asher Leo Patel, Ithaca, 12 Apr 26.
400m	Outdoor: 57.78	Jelissa Nedd, Willemstad, 8 Jul 11.
3000m	Outdoor: 10:36.37	Emma Gobert, St George's, 5 Apr 26.
5000m	Outdoor: 17:46.27	Rebecca Jansen, Princeton, 4 Apr 26.
LJ	Outdoor: 5.86	Sylvienne Krozendijk, Johnson City, 12 May 07.